

## Overview of Year Six

- Lesson 1: To appreciate that we are made in *God's* image and likeness.
- Lesson 2: To appreciate the stages of growth before birth.
- Lesson 3: To recognise significant moments in our lives to date.
- Lesson 4: To recognise that we are created by *God* and that our bodies are sacred.
- Lesson 5: To appreciate that everyone is part of the Body of Christ.
- Lesson 6: To appreciate the values of friendship in our Lives.
- Lesson 7: To identify negative behaviour and how it can affect other people.



# THE WONDER OF MY BEING

## YEAR SIX

### LESSON 1

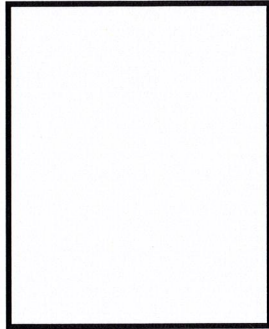
Purpose	■ To appreciate that we are made in God's image and likeness.
Setting	■ Poem: 'Good God', Alive-O 6 page 22. ■ Music: 'Within God's Creation', Alive-O 6 page 13.
Content	■ Read 'Creation Story' Alive-O 6 page 25. ■ Discuss story, emphasising the place of human beings in creation.
Worksheet	■ Lesson 1 Worksheet (My Passport).
Prayer	Lord God, within the world you made we have many different worlds of experience, all of them lead to you, the creator and source of all that there is. May your Holy Spirit teach us how to live in the world. May your Holy Spirit lead us to you.
Link	■ Personal Development & Mutual Understanding (PD&MU) Unit 1.



## Lesson 1 Worksheet

A Passport identifies who you are and allows you to travel to different countries in the world.

### My Passport



Name: \_\_\_\_\_

Age: \_\_\_\_\_

Eye colour: \_\_\_\_\_

Hair colour: \_\_\_\_\_

Talents:

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When I am older I would like to:

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# THE WONDER OF MY BEING YEAR SIX

## LESSON 2

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| Purpose  | ■ To appreciate the stages of growth before birth.   |
| Setting  | ■ Music: 'Creation', Alive-O 6 page 28, verses 1, 8 & 9.   |
| Content  | ■ Discuss the stages of growth of a foetus,<br>see Lesson 2 Worksheet (The Baby Grows in the Womb).  |
| Activity | ■ Divide the children into small groups.<br>■ Give each child in the group a copy of the Worksheet to be<br>completed as a cutting and matching activity.  |
| Prayer   | ■ Psalm 139:<br>God, you are the one who put me together<br>inside my mother's womb.<br>I praise you because of the wonderful way you<br>created me.<br>Everything you do is marvellous!<br>Of this I have no doubt.<br>Amen |
| At Home  | ■ Discuss the Worksheet (The Baby Grows in the Womb).<br>■ If available, bring hospital foetal scan to school.   |
| Link     | ■ PD&MU : Unit 3.  |



## The Baby Grows in the Womb



You are about the size of a full stop.

Your heart is formed and you are about 2mm long; you would fit onto a 1 pence piece.

**Your eyes and ears are developing.**

You could suck your thumb. You were about 25cms long and could fit into the palm of a grown-up's hand. Mother could feel you moving.

You could hear your mother's heart-beat and voice. You could open and close your eyes and hear music.

You had grown so much, you had less room to move around. You were ready to be born. You cried. Mother held you and fed you.



# THE WONDER OF MY BEING

## YEAR SIX

### LESSON 3

#### Purpose

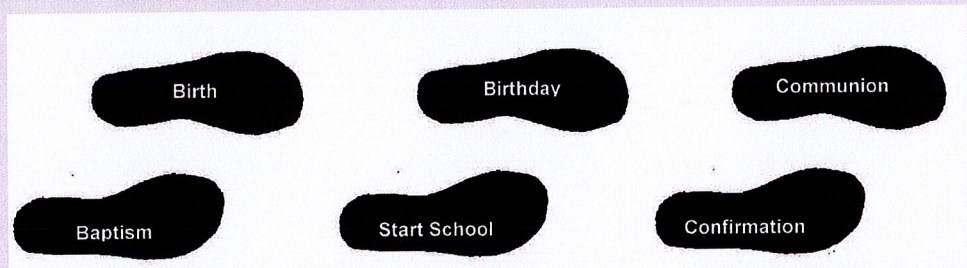
- To recognise significant moments in our lives to date.

#### Content

- Discuss significant events in the children's lives to date e.g. birth, baptism, starting nursery school etc.

#### Activity

- Ask the children to draw the pathway of their lives with footprints showing significant events e.g.



- Children write a prayer of thanksgiving for the happy times in their lives.

#### Prayer

- Say prayer from Lesson 1.

#### At Home

- Children illustrate their pathways with photographs or drawings of some of the events, and perhaps add their approximate age at these times.

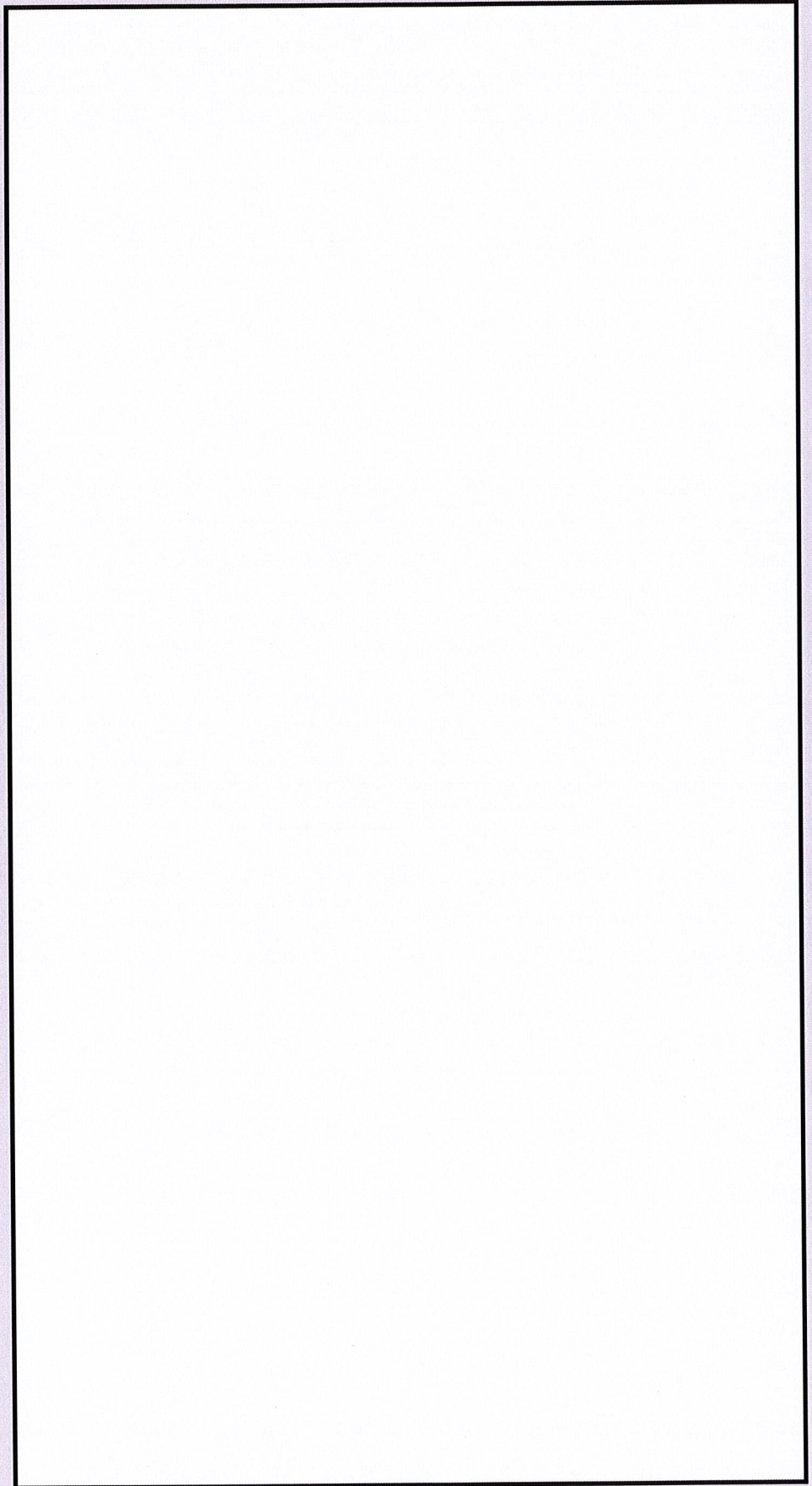
#### Link

- PD&MU : Unit 3.



### Lesson 3 Worksheet

Draw the pathway of your life with footprints showing significant events.

A large, empty rectangular box with a black border, intended for a student to draw a life pathway with footprints showing significant events.



# THE WONDER OF MY BEING

## YEAR SIX

### LESSON 4

#### Purpose

- To recognise that we are created by God and that our bodies are sacred.

#### Setting

- Music: 'Gather Round', Alive-O 6 page 12.

#### Content

- Discuss the importance of taking responsibility for looking after ourselves, spiritually and physically e.g. through:
  - ~ prayer
  - ~ healthy lifestyle
  - ~ hygiene
- Discuss Lesson 4 Worksheet (Looking After Myself).

#### Prayer

- Psalm 139:  
God, you are the one who put me together  
inside my mother's womb.  
I praise you because of the wonderful way you  
created me.  
Everything you do is marvellous!  
Of this I have no doubt.  
Amen

#### At Home

- Children use Lesson 4 Worksheet (Looking After Myself) to keep a diary for three days with the title 'Looking After Myself'. Include one weekend day.

#### Link

- PD&MU : Unit 3.



# Lesson 4 Worksheet

## LOOKING AFTER MYSELF

	PRAYER	HEALTHY FOOD	EXERCISE	HYGIENE
DAY 1				
DAY 2				
DAY 3				



# THE WONDER OF MY BEING

## YEAR FIVE

### LESSON 5

- Purpose** ■ To appreciate that everyone is part of the Body of Christ.
- Setting** ■ Music: 'We Are the Body of Christ', Alive-O 6 page 211.
- Content** ■ Remind the children that in Baptism we are all baptised into the Body of Christ (the Church).  
■ Discuss Lesson 6 Worksheet (The Church as the Body of Christ).  
■ Read the following poem with the class. Ask the children to suggest ways in which we show that we are members of the Body of Christ (the Church).

Hands reaching,  
minds thinking,  
hearts caring,  
eyes watching,  
tongues speaking,  
feet running:  
always, everywhere  
with all that we are.  
We are the Body of Christ!  
We are the Body of Christ!

- Revise 'The Organ-ising Body', Alive-O 6 page 187.
- Activity** ■ Children write and illustrate ways they can use their body, mind and talents for the good of the whole Body of Christ.  
■ Class use the above work to create a collage for the Sacred Space.



# THE WONDER OF MY BEING

## YEAR FIVE

### LESSON 5

#### Prayer

God has made each one of us.  
We are all different.  
Within me, there is the world of my mind,  
my thoughts, my way of looking at things,  
my sense of humour.  
Within me, there is the world of my heart,  
my feelings, my way of being a friend.  
Within me, there is the world of my soul,  
my way of sensing God, my way of praying.  
Amen

#### At Home

- Do something to show that you are part of the Body of Christ: help around the house; say night prayers etc.
- Complete Lesson 6 Worksheet (The Church as the Body of Christ).

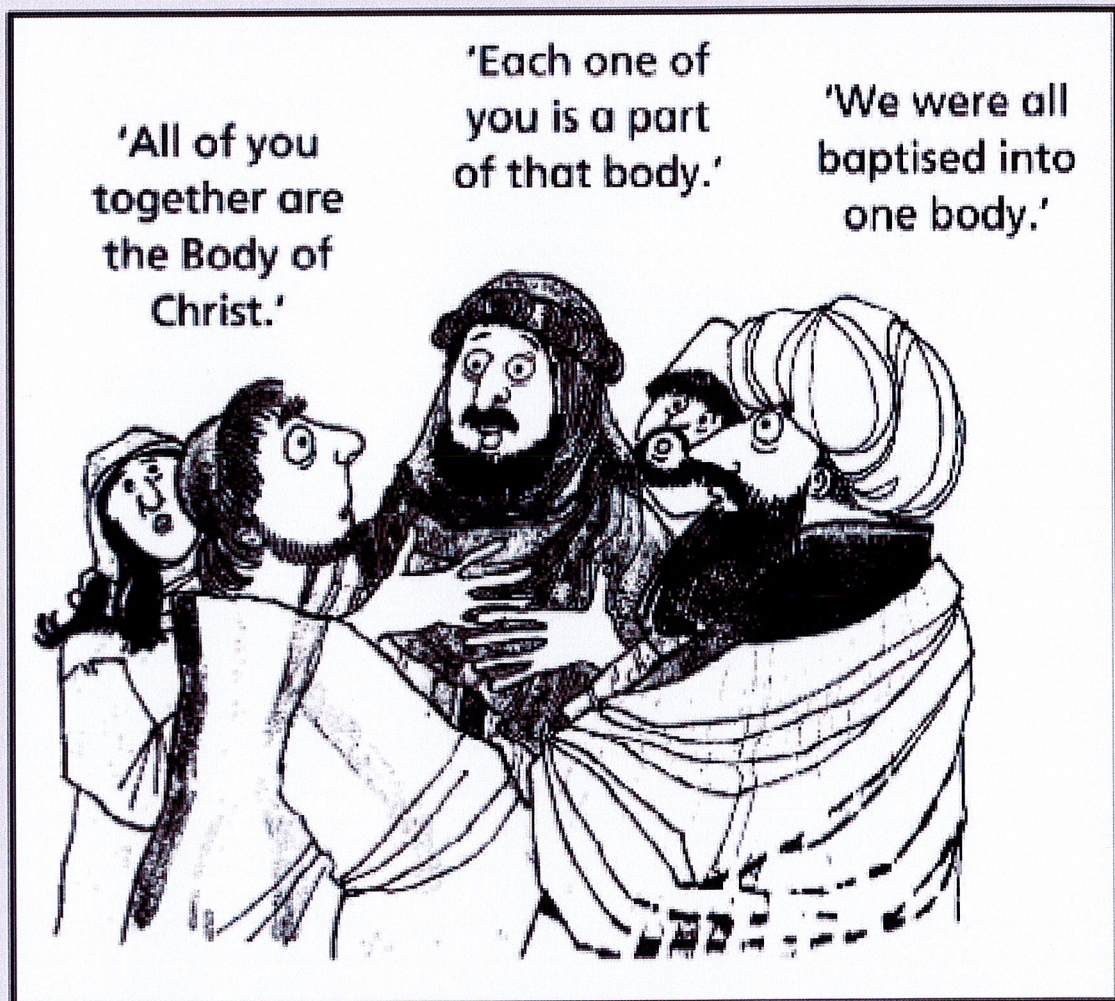
#### Link

- PD&MU : Units 5, 6 & 7.



## Lesson 5 Worksheet

### The Church as the Body of Christ



St Paul calls the Church the Body of Christ. I show that I am a responsible member of the Body of Christ when I ...

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# THE WONDER OF MY BEING

## YEAR SIX

### LESSON 6

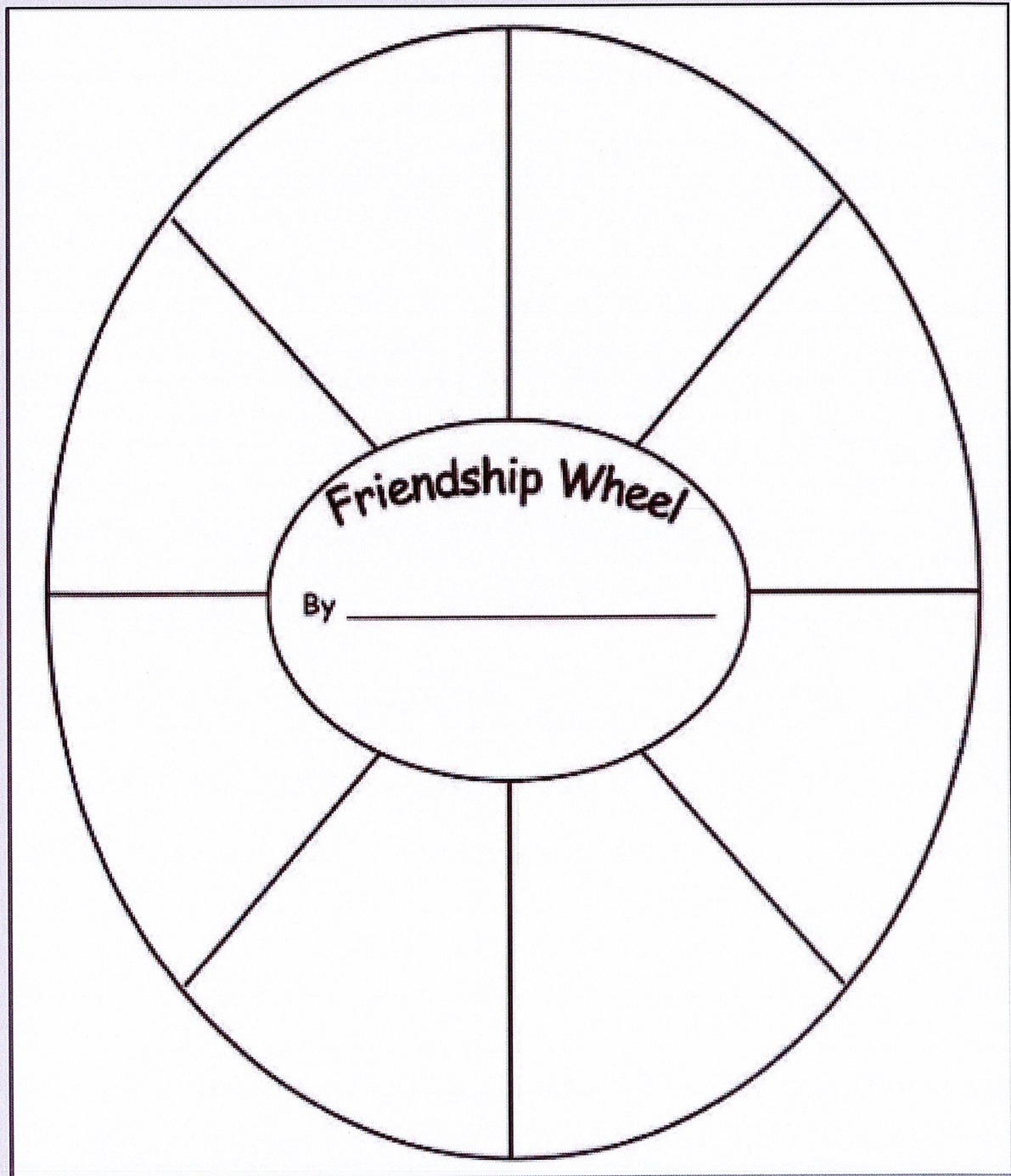
Purpose	■ To appreciate the value of friendship in our lives.
Setting	■ Music: 'Circle of Friends', Alive-O 4 page 27.
Content	<ul style="list-style-type: none"><li>■ As a class activity, create an acrostic poem based on the word FRIEND: use as wall display in Sacred Space.</li><li>■ The Neighbour Song/Circle Dance (Alive-O 6 page 140).</li><li>■ Discuss Lesson 7 Worksheet (Friendship Wheel).</li></ul>
Prayer	<p>Christ be with me. Christ be beside me. Christ be before me. Christ be behind me. Christ at my right hand. Christ at my left hand. Christ be with me everywhere I go. Christ be my friend, forever and ever. Amen</p>
At Home	■ Complete Lesson 7 Worksheet (Friendship Wheel).
Link	■ PD&MU : Units 4 & 7.



## Lesson 6 Worksheet

### FRIENDSHIP WHEEL

- Think of ways you can be a friend.
- Write each friendly deed in a different section.





# THE WONDER OF MY BEING

## YEAR SIX

### LESSON 7

- Purpose** ■ To identify negative behaviour and how it can affect other people.
- Setting** ■ Music: 'Whatsoever You Do', Alive-O 6 page 246.
- Content** ■ Revise 'The Organ-ising Body' page 187.  
■ Remind the children of what St Paul said about us all being part of the Body of Christ. Discuss what this means.  
■ St Paul said that God does not want this body to be divided. Discuss what this means.  
■ Talk about the sorts of behaviour that could divide the Body of Christ e.g. in school, at home.
- Activity** ■ Art: 'The Body of Christ', Alive-O 6 page 239.
- Prayer** ■ 'Prayertime', Alive-O 6 page 233.
- At Home** Prayer for Forgiveness:  
O my God,  
help me to remember the times  
when I didn't live as Jesus asked me to.  
Help me to be sorry and to try again.  
Amen
- Link** ■ PD&MU : Units 4 & 7.